# Client Experiences

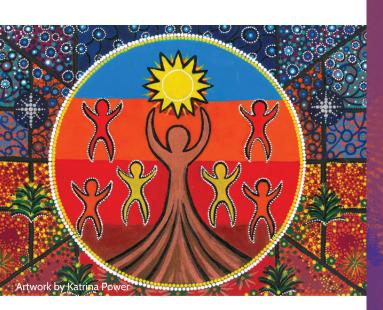
"I no longer feel so isolated and depressed and recently started working again."

"The service helped me stay positive, therefore keep up with medication etc. I am in a far better state of mind as a result of the treatment."

"MOSAIC has helped me not to feel so alone after I was diagnosed."

# Talk to someone

(08) 8245 8100 (metro callers) 1800 182 325 (country)







MOSAIC Services work on Kaurna land and we respect your culture, wherever you're from.

#### Relationships Australia SA locations

Central (Adelaide)

161 Frome Street Adelaide SA 5000 T: (08) 8223 4566 F: (08) 8232 2898

Inner West (Hindmarsh)

49a Orsmond Street Hindmarsh SA 5007 T: (08) 8245 8100 F: (08) 8346 7333

Outer West (Port Adelaide)

Ground Floor, 8 Butler Street Port Adelaide SA 5015 T: (08) 8340 2022 F: (08) 8241 5236

South (Marion)

Suite 500a Westfield Marion Shopping Centre 297 Diagonal Road Oaklands Park SA 5046 T: (08) 8377 5400 F: (08) 8377 5411

Elm Place

Ground Floor, 191 Flinders St Adelaide. SA 5000

Find & Connect Support Services T: 1800 161 109

Post Care Support Services T: 1800 188 118 North (Elizabeth)

13 Elizabeth Way Elizabeth SA 5112 T: (08) 8255 3323 F: (08) 8255 7753

North (Salisbury)

Shop 8a
Salisbury Cinema Complex
Cnr James and Gawler Streets
Salisbury SA 5108
T: (08) 8250 6600
F: (08) 8285 4494

North East (Ridgehaven) Unit 2, 1273 North East Road Ridgehaven SA 5097 T: (08) 8396 4237 F: (08) 8396 4238

Riverland (Berri)

9 Kay Avenue Berri SA 5343 T: (08) 8582 4122 F: (08) 8582 4152

## www.rasa.org.au



Government of South Australia
SA Health

MOSAIC (South Australian Community Support and Counselling Services for people living with HIV/AIDS and Viral Hepatitis) is provided by Relationships Australia South Australia Ltd and SA Health has contributed funds towards this Program.

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Relationships Australia.

### How can MOSAIC help you?

MOSAIC provides confidential services that are flexible and supportive. We can help you:

- Make informed decisions
- Adjust to lifestyle changes after diagnosis, and live long term with the virus
- Build on your strengths and abilities to manage the impact of the virus on yourself, relationships and emotional and physical health, wellbeing
- Connect with various HIV and other related services that can assist you
- Navigate the health system and support you in order to receive the best possible health care
- Connect you with peer supports
- Participate in a range of groups that are specifically designed for individuals living with or affected by HIV
- Arrange testing for HIV and help you make informed decisions about antiviral treatments
- Advocacy.



#### Who we are

The MOSAIC team understands the impact of HIV on you, your family and friends. We work together with you and the important people in your life to help you continue a good quality of life and wellbeing.

Our MOSAIC team members:

- · Are professionally trained
- Can contact you to discuss your needs and organise an appointment
- Provide education about the HIV virus and help you learn new lifestyle skills
- Provide assistance in finding practical support
- · Run education and support groups.

Our service understands that your culture and language are important to you. Your privacy and safety will always be respected.

#### Where you can find us

MOSAIC operates at the following Relationships Australia SA offices:

- 49a Orsmond Street, Hindmarsh
- 161 Frome Street. Adelaide
- Shop 8a, Salisbury Cinema Complex, Corner of James Street and Gawler Street, Salisbury.

We also work closely with local hospitals, community health centres and correctional facilities to support anyone undertaking treatment. If you would like more information about our outreach with hospitals, please contact us.

#### Unable to attend face to face appointments?

MOSAIC can support you over the phone or online.

#### Referral to MOSAIC

Individuals may refer themselves to MOSAIC, be referred by family or friends, or through their GP, other health professionals, viral hepatitis services or social and community services. Referral forms are available for download at www.rasa.org.au - Adult, Health and Wellbeing

