



## In this edition...



AIDS 2014 - The impact of sponsorship

Our new PEACE workers

Ending HIV? I CAN, and so CAN YOU!

A close look at PEACE's work with people affected by problem gambling

Lived Experience - The heart of our gambling prevention and recovery services

'Know More Hepatitis B' Campaign: A Worker's Perspective

Volunteer Training Program

World Hepatitis Day - Love Your Liver Marketplace

Multicultural Youth Drive Short Film Production

## AIDS 2014

### The positive impact of sponsorship.

AIDS 2014 (an international conference on HIV/AIDS) took place in Melbourne at the Exhibition Centre, between the 21st and 25th of July. The conference brought together thousands of delegates from all over the world to present, discuss and learn about the global status of HIV/AIDS. Three workers from PEACE Multicultural Services attended, as well as four members of the South Australian African Communities Health Advisory Committee (SAACHAC) (a committee we support and work closely with), who received a scholarship from the Australasian HIV Society of Medicine (ASHM). The scale of the conference was so large that it is impossible to talk about it in great detail, but just to give you the reader a snapshot of the event, one of the SAACHAC representatives wanted to share their personal experience... ►



# AIDS 2014 cont...

"When I first arrived at the conference I was a bit confused, because I didn't know if I should be there or not. I was not expecting to be in a place with so many people who had HIV. To be honest I was feeling a bit scared and part of me wanted to run away and get outta there! But there was also a part of me that thought that I should push myself and try to do this, because I wanted to see the outcome and be open to new learning; after all that's the reason I went in the first place! On the second day I listened to an inspirational and brave lady... she had lived with HIV for over 20 years, she was a doctor and had saved many lives by being an HIV advocate. I was shocked that she had lived for so long, because I thought

back to the millions of people that have died of HIV/AIDS around the world. I realised that people with HIV can actually live a normal and long life; that there is medication available that will prevent death, HIV is just another chronic illness and can be managed. Another powerful speaker that influenced me the most, was a man living with HIV who talked about stigma and discrimination. His presentation was so simple and clear, I felt like he was talking directly to me; because I, like so many others, had previously stigmatised and discriminated against people living with HIV. This speaker made me think about how stigma and discrimination can actually cause death among people living with HIV, because when people

become so isolated and lonely they have no hope left. I now cared about people living with HIV and understood that they deserve all the same things as me and everyone else out there. For the first time I realised that having HIV doesn't really make a difference to who you are as a person.

After this, I met many people living with HIV; I shook their hands and listened to their stories. The fear had left me, I was immune to it. I looked around the conference and saw people who were HIV positive and negative, from different cultures, religions, ethnicities, genders and sexualities, who were all happy together, and I thought to myself, if the world was like this then it would be a peaceful place indeed".





# Welcome to our new PEACE workers

## **Ben Yi**

Hi, my name is Ben and I recently joined Multicultural PEACE team as a community support worker. As someone from overseas, starting a brand new life in a new country on my own hasn't been an easy journey. Throughout the years on this new land, I have embraced, enjoyed, struggled, tried, failed, learnt, and achieved... This process has shaped me into who I am today.

I studied my Masters of Social Work at the University of South Australia when I first came here from China in 2011. This intensive study has laid the important groundwork for my current career. Inspired by the challenges from my own life journey and the set of skills that I learnt from the university, I have a great passion and interest in connecting myself with those who are new to this country and spending time with them. I feel lucky to be part of a new team that is made of up people from many different multicultural backgrounds. Being part of such diversity gives me a sense of empowerment and belonging.

I'm looking forward to getting to know about you and being part of the support if you are ever in need. I like to share a positive message, which I tend to repeat to myself in any difficult situation, "Always look at the sunny side of the road and there's always great resilience and strength in myself to help me brave the challenge".



## **Martin Manariyo**

Hello, I am Martin. I feel privileged and very humbled to be one PEACE's team members, and a part of Relationships Australia (SA) at large. I have completed a Certificate III in Disability Services at TAFE SA and Certificate IV in Community Services Work –Narrative Counselling at TAFE SA. Currently, I am a 4th year student at Flinders University studying a Bachelor of Social Work and Social Planning Degree. I have been working in Patient Services at the Repatriation General Hospital for the past five years. As part of my degree, I have undertaken work placements at Mission Australia in Alcohol and Drug Services and at Families SA in Child Protection Services. I am also one of the SA Rwandan Community members who are working voluntarily to assist Rwandans settling in South Australia. I am currently working Anglicare SA as Community Support Worker in Exceptional Needs Services, in addition to my new role at PEACE.

I am convinced that PEACE Multicultural Services will offer me the opportunity to improve health for South Australians. As a Community Support Worker in health services, to help a client holistically, mostly, I use the World Health Organisation/WHO's definition of health which says: "Health is a state of complete physical, mental and social well-being and not a merely the absence of disease or infirmity".



## **Wilson Akoon Yuel**

Hello, my name is Wilson Akoon Yuel. I was born in Ethiopia before my family fled to Kenya, due to another civil war. I lived in Kenya in the Kakuma refugee camp for 15 years. Kakuma was not safe for my family and that's when my parents started to look for alternative countries to migrate to. We were lucky enough to find out that Australia was looking for immigrants at the time, so we decided to follow the resettlement process. Luckily our form was successful and we were accepted into Australia. I have lived here now for 9 years. Since I was young I dreamt of being a scientist because I thought scientists were people that can help with all sorts of things. I followed my dream career and completed an undergraduate degree in science.

Right now, I am working with PEACE Multicultural Services as a community support worker. This might not be within my field of studies, but I love the fact that my role has a major impact in the community. I find myself happy, enthusiastic and optimistic to be with the PEACE team as its one of the service's those are contributing to communities enormously. It is essential to me that I do my best to help people from culturally and linguistically diverse backgrounds and other vulnerable individuals to gain access and to be aware of the services that are provided.



# Ending HIV? I CAN, and so CAN YOU!

AFAO (Australian Federation of AIDS Organizations) has recently rolled out a national campaign - Ending HIV. This campaign invites all community members across Australia to come together and collectively work towards no new HIV transmissions by 2020. A simple equation has been designed to highlight just how we can achieve this target:

**Test more + Treat early + Stay safe = Ending HIV.**

In this article, I'm going to focus on the 'Test more' part of the equation, because this is the starting point, and the first step that needs to be taken in moving closer towards ending HIV.

Testing for HIV is not always easy for some, particularly those who come from cultural backgrounds where sexual health is not often talked about. I'd like to share my personal experience of getting tested for HIV and how I was able to overcome some of the challenges that stood in my way. Hopefully it will inspire you to get an HIV test done too.

A few years ago, I got tested for the first time. It took lots of courage for me back then because I was a new-comer to Australia and from an Asian culture where I was taught to keep my sexual health private. Because of this, I felt a bit embarrassed to go and get tested and to make things harder, I wasn't even sure of how or where I could go to get one done! However, after being in Australia for while, I was exposed to a wide range of HIV-related educational resources, such as magazines, posters, pamphlets and TV shows. It led to me feel less embarrassed and more empowered because I had more education and understanding. I remember one day thinking that "HIV doesn't seem to be a taboo topic in this country and it doesn't look like an issue that may darken a person's entire sky. This country is very different!" The more compassionate, supportive and positive messages I received, the more confidence I gained in my desire of finding out more about testing.

The timing of this realisation was perfect, as my birthday was fast approaching and I thought that getting an HIV test was the perfect birthday present to myself! I suddenly felt very determined and inspired to take control of my own health.

After doing some research online I found out about a free sexual health clinic called Clinic 275 (275 North Terrace, Adelaide). I learnt that this clinic provided free HIV tests for people from all different backgrounds, including International students. I also learnt that the service was strictly confidential, which meant that all of my personal information would be kept private and would not be shared with anyone else without my consent. My research made me feel more confident and I wanted to share my thoughts with my friends. After talking to my friends about wanting to get an HIV test, they told me that they had actually been tested at Clinic 275 and thought that the doctors and nurses working there were very friendly and non-judgemental. I was very happy to learn that my friends (who were also from the same cultural background as me) had gone to get an HIV test too and that I was not alone.





Finally, I was ready... I walked into Clinic 275... I didn't have to make an appointment in advance, which was very convenient. I was greeted by a very warm and friendly receptionist, who instantly made me feel comfortable and relaxed. I filled in some forms and then waited to be called by the nurse. The nurse was lovely. She asked me some questions related to my health and she took some blood for testing. She also explained that even if I were to test positive for HIV, there is good treatment and support available, and it is not the end of the world! That made me feel relieved knowing that even if I tested positive for HIV, there was still hope! I was then told that I would be contacted as soon as my results had come back. After leaving the clinic I remember feeling a sense of pride and courage. I was glad that I had made a good decision about my health. I had also learnt that testing for HIV is actually an easy experience, once you get over your fears.

As a community worker today, I hope that I can use my personal experience of HIV testing to help others. I understand that getting tested for HIV can be hard and I am more than happy to support anyone who would like to get tested. I can provide you with information and resources, and even accompany you when you go for testing. I can also help explain your testing results to you and help link you to other services that can provide additional help and support.

You can contact me on: (08) 8245 8100 or [b.yi@rasa.org.au](mailto:b.yi@rasa.org.au)



# A close look at PEACE's work with people affected by problem gambling

A large part of PEACE Multicultural Services work involves providing one-on-one and family support to individuals who are experiencing challenges related to financial and gambling issues. Each newsletter we will provide readers with a case study (a story) about one of our clients, to help you to better understand the work we do. We have removed all names and any identifiable information from the stories, to make sure that our clients' privacy is protected and respected. The story we are telling today is a common one across many cultures and communities. Problem gambling impacts people in the same way, regardless of where they come from.

A family contacted our service and requested assistance for financial issues. They had heard about us through another family in the community, who had received support for similar issues. The mother of the family was the main point of contact. She told us that that her family was experiencing high levels of stress and relationship problems as a result of financial troubles.

We spent a number of sessions talking to the mother about her life and getting to know her story. We felt as though there was something deeper happening that she wasn't quite ready to share with us, which was causing many issues for her family. Over time we helped the mother to become more confident and comfortable in talking about her family problems, and she opened up to us about her son's gambling and the impact it had on the whole family.

After we had the full story, it was time to act. We assessed the situation and decided that we needed to assist the family in three ways:

- Managing their financial debt
- Supporting them in understanding the nature of gambling and how to respond to the challenges it brings
- Finding other support services and providing options
- Assisting them every step of the way until they experience better outcomes.

In order to support the family in addressing the problems that they were experiencing we needed to partner with other specialist services, including financial counselling and mental health support services within Relationships Australia (SA) (the same organisation that our service is part of). All services worked closely together to make it easier for the family and to ensure that all of their needs were taken care of.

With the help of the financial counsellor, the son developed a plan to start repaying his debt, which led to him wanting to stop gambling. After learning more about problem gambling, family members became more understanding of his situation, and provided practical and emotional support to help him stop gambling. This also helped to strengthen the relationships between family members and to create a good feeling in the household.

The mother was very happy with the result of our support. This is the feedback she provided us with:

*"At first I felt very embarrassed to talk about our family problems especially about my son's gambling, but you made me feel safe and comfortable to share my story and seek help. I cannot imagine where we would be if I had not asked for your help. What I love about you (PEACE) is that I know whatever I tell you will be kept between us and there will be no gossip. Thank you for your help."*

If you are experiencing similar challenges in your life, or know of anyone that is, please contact the PEACE Multicultural Services team leader – Sharna Ciotti email [s.ciotti@rasa.org.au](mailto:s.ciotti@rasa.org.au) or (08) 8245 8100.





## Lived Experience

The heart of our  
gambling prevention  
and recovery services

Relationships Australia (SA) (RASA) runs a Consumer Voice program for individuals who have had an experience of problem gambling. This program provides professional training and support, to empower these individuals to tell their story of problem gambling.

Across the lifespan of this program, we have learnt that through telling others their story, people who have experienced problem gambling are able to move forward and leave their troubles behind them. It also helps transform them into people who can positively contribute to their communities, by helping others to better understand problem gambling and its impact on the individual, family and community. Most importantly they share with individuals the strategies that helped them address their gambling problems

RASA is continually expanding the way in which people with lived experience of problem gambling can contribute to their communities. We believe that giving back to the community does not have to be limited to publicly sharing stories. People who have experienced problem gambling can also positively contribute in the following ways:

- Community education and prevention
- Improving policies and programs
- Participating in research,
- Supporting others who are experiencing similar problems.

If you like to be part of this project, or know someone who would benefit from it or if you simply want to book a speaker to come and talk to your community, please do not hesitate to contact the project coordinator Diana.

Be part of the solution by contacting:

Diana O'Neil, Consumer Voice Coordinator - Relationships Australia (SA)

email: [d.o'neil@rasa.org.au](mailto:d.o'neil@rasa.org.au) or phone our Hindmarsh office on ph (08) 8245 8100

# 'Know More Hepatitis B' Campaign: A Worker's Perspective

The first Hepatitis B Action Plan for South Australia (Department of Health and Ageing, 2014) indicated that 65% of people living with chronic hepatitis B come from 2 priority populations – Aboriginal and Torres Strait Islanders and people born in countries where there is endemic infection, such as Sub-Saharan African, Asian and Pacific regions.

Hepatitis B affects the liver and if left untreated, can lead to irreversible liver scarring and even liver cancer. Once you have hepatitis B, you have it for life. However, although a cure does not exist, there are two important points that everyone should know about:

**The most common way of contracting hepatitis B in countries where hepatitis B rates are high is through mother to baby transmission**

1) If you have the infection there are treatment and care plans that help control the virus and prevent it from advancing to liver cancer. For more information on this please watch this video clip on YouTube - <https://www.youtube.com/watch?v=ZhL92VZtMHw>.

**Because there are often no symptoms, the only way you can know if you have hepatitis B or if you need to be vaccinated is through a simple blood test**

2) There is a hepatitis B vaccine that can help protect you and your family from getting the virus.

To assist people in getting a hepatitis B blood test, PEACE Multicultural Services have developed the Know Your Hepatitis B Campaign. This campaign was

designed to generate positive health outcomes for communities who come from countries other than Australia.

## The campaign involves five different stages:

- Informing the communities of the campaign through community leaders, and at community events and meetings
- Connecting to families and providing education and information on hepatitis B

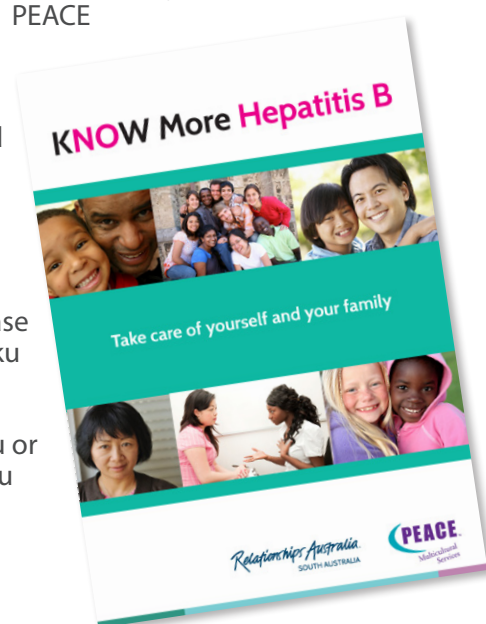
- Organising and taking family members to testing appointments (either at their GP or a sexual health clinic)
- Assisting family members in understanding their results
- Linking family members to appropriate services (for e.g. organising another appointment for people who are found to be unvaccinated, to receive their first vaccination injection; or connecting someone who has tested positive for hepatitis B to a special hepatitis doctor and nurse).

## Through testing, we learn about the following three things:

- Does the person HAVE (or is POSITIVE for) hepatitis B?
- Does the person NOT HAVE (or is NEGATIVE) for hepatitis B, but requires a vaccination?
- Is the person already immune to hepatitis B?

**Just remember: Testing helps you take care of yourself and protect your family**

The "Know Your Hepatitis B Campaign" is an ongoing project with PEACE Multicultural Services, so it's not too late to get involved! If you would like to know your hepatitis B status or would like to support us in connecting to other community and family members, please contact Laura Adzanku or Anisa Varasteh on (08) 82458100 [l.adzanku@rasa.org.au](mailto:l.adzanku@rasa.org.au) or [a.varasteh@rasa.org.au](mailto:a.varasteh@rasa.org.au)





# Volunteer Training Program

PEACE Multicultural Services are very excited about our volunteer training program. We are running this program to provide opportunities for communities to participate in professional development and personal growth that extend outside of studies and the classroom. We have spoken to many people from various communities who have told us how challenging it can be when trying to find a job. Most commonly we hear – “It is hard to find a job without any Australian work experience”. It is our hope that the volunteer program will assist individuals in their journey to finding employment and other opportunities, through imparting valuable knowledge and skills, and providing hands on/practical experience in an Australian work setting. In addition to these great benefits, volunteers will also be given the chance to make new friends, meet people from diverse cultural backgrounds, and positively contribute to their own communities.

This year our program will involve an 11-week training schedule, where once a week volunteers will attend an educational session on a specific topic. After completing all training sessions, volunteers will then work closely with the program coordinators in creating and delivering exciting new projects to a diverse range of communities. Because we received so much demand and interest in volunteering with PEACE Multicultural Services, all of the applicants went through a special process before being accepted. The process included submitting your CV, answering a series of written questions and participating in an interview with the team leader.

The successful individuals will go on to enjoy the following benefits:

- Free training and professional development courses
- Ongoing mentoring and support from PEACE staff members
- Preparation for employment in the community services sector
- Hands on work experience
- Opportunities for developing and carrying out community projects with the support and assistance of PEACE staff members

- Experience in working with clients
- Working in a supportive environment with people who share a mutual passion for social justice and equity
- Experience engaging with people from diverse cultural backgrounds
- Access to educational resources.

PEACE have experienced many successes from similar programs in the past. In fact, four of our current team members started out as volunteers before receiving a paid job with us! Other past volunteers have also found jobs in other community service agencies and some have even been motivated to start university studies! At PEACE we value our volunteers, their contributions and commitment to making a positive difference to the community and we aim to provide our volunteers with a warm, friendly and professional working environment, and educational and learning opportunities. If you, or anyone you know are interested in applying for the next volunteer training program, please register your interest early and contact Anisa Varasteh via email: [a.varasteh@rasa.org.au](mailto:a.varasteh@rasa.org.au)

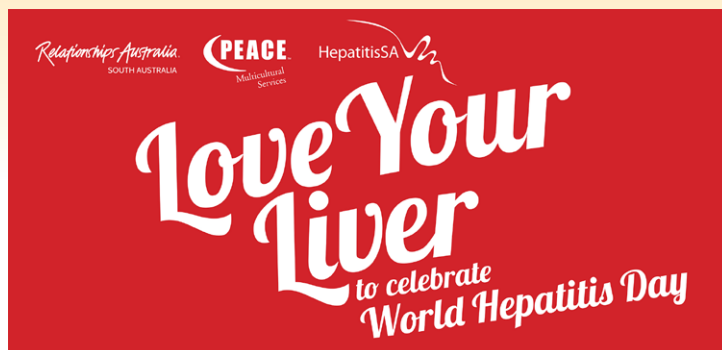


# World Hepatitis Day Love Your Liver Marketplace

World Hepatitis Day is a special day that happens once a year on the 28th of July. On this day, communities come together in solidarity with people who are living with hepatitis B and hepatitis C, to learn more about these health conditions and to collectively work towards reducing transmissions, and supporting one another to live healthy and happy lives. To celebrate this year's World Hepatitis Day, PEACE Multicultural Services, in collaboration with Hepatitis SA, hosted a colourful and lively marketplace event on the 31st of July, which focused on hepatitis B.



Despite the rainy and cold weather, over a hundred people from diverse cultures, communities, religions and ethnicities were in attendance. The event was officially opened by Tung Ngo, a representative of the South Australian Health Minister, Mr Jack Snelling, who also launched South Australia's first hepatitis B action plan (a document that will guide the state's work around hepatitis B). After the formalities, attendees made their way through the marketplace maze, which consisted of a number of rooms with different themes, including: transmission



(ways of spreading and catching the virus); testing and vaccination (how to find out if you have the virus and how to protect yourself); quality of life (living a healthy and happy life with hepatitis B); and love your liver (learning about what the liver does in your body and how to treat it with care). To keep things interesting and fun, a number of activities were set up in each room. One of the most popular activities among the adults was learning about the different ways you can and cannot catch hepatitis B, by placing picture cards on a big wall, marked RISK or NO RISK. The children on the other hand, preferred face painting and 'liver' 10 pin bowling!

Many friendly workers from PEACE Multicultural Services and Hepatitis SA, spent the most part of the event talking to attendees, answering any questions they had, and providing information. There were also special hepatitis nurses that came to the event to talk how they can help people living with hepatitis B and C. Laughter and conversation were heard from every corner of the marketplace and it was obvious that everyone was learning something new and having fun at the same time. To finish off the event, attendees shared a delicious Vietnamese lunch and continued their discussions. It was wonderful to see so many different communities coming together around a common cause. A number of people were so inspired by the event that they booked appointments with our workers to assist them in getting tested for hepatitis B.





# Multicultural Youth Drive Short Film Production

The Multicultural Youth Drive (formerly known as the African Youth Drive) is an incorporated body established by PEACE Multicultural Services, which acts as a platform for young people from a range of diverse backgrounds to connect with each other, express themselves through the performing arts (acting, dancing, singing etc.), and to discuss and learn about important health issues.

Since its inception in 2012, the MYD has successfully produced 4 songs, a creative dance piece and a mini documentary (all of which can be found on our Facebook page and YouTube account). As well as being involved in fun and exciting projects, the MYD also provides young people with an opportunity to have their voices heard. Issues such as intergenerational conflict, sexuality, safe sex, homophobia, acculturation/integration issues, community disengagement, etc., are constantly discussed, and young people are given a safe space where they can share their personal stories and experiences.

The MYD believes that young people can be active agents of change and strives towards supporting them in becoming more proactive within their communities. Many of the MYD participants go on to act as informal peer educators within their friendship circles; sharing the knowledge they have gained.

The latest project that the MYD is working on, in collaboration with Black Empire Studios, is a short film addressing the stigma and discrimination people living with HIV experience. Please see below for a full rundown of this exciting production...

## Left Out

Auditions for 'Left Out' – a short film about a young guy who has just found out he has HIV and is treated badly by his friends, were held late August this year, and saw the turn out of many enthusiastic, passionate and talented young actors and dancers. These young people came from diverse cultural backgrounds, with open minds, a willingness to learn, and an eagerness to be in front of the camera! It was a hard decision, but the judges panel selected eight individuals to be the stars of our film production. Prior to the filming, the successful actors attended two educational workshops, one on HIV in Australia, and the other on the stigma and discrimination faced by people living with HIV. These workshops were very important as they made sure that the actors had the correct knowledge and information about main focus of the film – HIV.

After the completion of the workshops, it was onto the actual filming! The young actors were full of excitement and energy on their first day of filming, despite an early morning start (7am to be precise). The film set was very professional, featuring all the gear you would see in the making of your favourite tv show – cameras, microphones, lighting, etc. The young actors spent hours acting out their scenes, only taking a quick lunch break to munch down some pizza for energy to push on. Although this was the first short film that some of the actors had participated in, it didn't show at all! Everyone brought their characters to life and demonstrated maturity, professionalism and raw emotion. At the end of the first filming day, the director was very impressed with the footage he had shot and the actors performances. The second and final day of filming focused on the dance section of the movie. The actors worked with a choreographer and pulled out some crazy dance moves. Everyone showed off their freestyle skills too, vibing away to their favourite songs and flowing with with one another. The energy on set was electric.

Now that filming is done and dusted, everyone is patiently waiting for the film maker to work his magic in post production and to turn all of the fantastic footage into a short film we can all be proud. We are all bursting with excitement to see the final product! We plan on hosting an official launch and will extend invitations far and wide. If you would like to come along to the launch or learn more about how you can be involved in the next project, please contact CeCe Braima on [c.braima@rasa.org.au](mailto:c.braima@rasa.org.au) or (08) 82458100.



*PEACE provides information, training and support services to individuals, families and communities.*

**General Enquiries:** (08) 8245 8100

**Manager:** Enaam Oudih – e.oudih@rasa.org.au

**Team Leader:** Sharna Ciotti - s.ciotti@rasa.org.au

#### **Family relationships information and counselling services**

Fattaneh Scott - f.scott@rasa.org.au|

Buol G. A. Juuk – b.juuk@rasa.org.au

#### **Individual/family support**

Sharna Ciotti – s.ciotti@rasa.org.au

Namam Salih - n.salih@rasa.org.au

#### **Support Service Programs and Projects related to Hepatitis B & C, HIV, Sexually transmitted Infections, and gambling related problems**

Buol G. A. Juuk – b.juuk@rasa.org.au

Laura Adzanku - l.adzanku@rasa.org.au

Anisa Varasteh - a.varasteh@rasa.org.au

Sharna Ciotti - s.ciotti@rasa.org.au

CeCe Braima - c.braima@rasa.org.au

Martin Manariyo - m.manariyo@rasa.org.au

Namam Salih - n.salih@rasa.org.au

Wilson Akoon Yuel - w.yuel@rasa.org.au

Ben Yi - b.yi@rasa.org.au

#### **Community Support Volunteers**

Many volunteer support workers covering more than thirty different language and cultural groups are also available.

#### **Gambling Help is available at these Relationships Australia (SA) offices:**

##### **Hindmarsh**

49a Orsmond Street, Hindmarsh SA 5007

**Phone:** (08) 8245 8100

**Help available:** Specialised gambling help service to the multicultural community including one on one assistance

##### **Adelaide**

161 Frome Street, Adelaide SA 5000

**Phone:** (08) 8223 4566

**Help available:** Gambling and financial counselling

##### **Marion**

Office Suite 500a, Westfield Shopping Centre,

297 Diagonal Road, Oaklands Park 5046

**Phone:** (08) 8377 5400

**Help Available:** Gambling and financial counselling

##### **North**

Salisbury, Elizabeth, Ridgeway

Tel: (08) 8250 6600

**Help Available:** Gambling and financial counselling

##### **Berri**

9 Kay Street, Berri SA 5343

**Phone:** (08) 8582 4122

**Help Available:** Gambling and financial counselling

#### **HIV Support Services**

##### **Positive Life SA**

16 Malwa Street, Glandore SA 5037

**Phone:** (08) 8293 3700

**Help Available:** Health promotion services, short term support

##### **MOSAIC Services**

49a Orsmond St, Hindmarsh SA 5007

**Phone:** (08) 8245 8100

**Help Available:** Health promotion services, short term support, education, Counseling and case management

##### **Gay Men's Health SA**

49a Orsmond Street, Hindmarsh SA 5007

**Phone:** (08) 8245 8100

**Help Available:** Health Promotion, Counselling, Education

#### **Viral Hepatitis Support Services**

##### **Hepatitis SA**

3 Hackney Road, Hackney SA 5069

**Phone:** (08) 8362 8443

##### **MOSAIC Services**

49a Orsmond St, Hindmarsh SA 5007

**Phone:** (08) 8245 8100

**Help Available:** Health promotion services, short term support, education, Counselling and case management

#### **Other Gambling Help Services**

##### **Statewide Gambling Therapy Service (Flinders)**

Southern Metro & Rural Areas

Flinders Medical Centre - Bedford Park SA 5042

**Phone:** (08) 8204 4779

20b John Street, Salisbury SA 5108

**Phone:** (08) 8182 4911 or (08) 8182 4090

Suite 9, 60 Marryatt Street, Port Adelaide SA 5015

**Phone:** (08) 8240 0522 or 8240 0833

##### **Offenders Aid and Rehabilitation Service (OARS) SA**

231 Morphett Street, Adelaide SA 5000

87 Dyson Road, Christies Beach SA 5165

**Phone:** (08) 0700 8218

##### **Pokies Anonymous**

Bowden Brompton Community Centre

19 Green St, Brompton SA 5007

**Phone:** (08) 8340 4262

**Help Available:** Group meetings

##### **Cambodian Community Gambling Help Services- Anglicare SA**

9 Mary Street, Salisbury SA 5108

**Phone:** (08) 8256 2170

**Help Available:** Gambling and financial counselling

#### **Vietnamese Services**

##### **Vietnamese Community in Australia (SA)**

62 Athol Street, Athol Park SA 5010

**Phone:** (08) 8447 8821

**Languages Spoken:** Vietnamese, English

**Help Available:** Specialised gambling help service to the Vietnamese community including one on one assistance

#### **Chinese Services**

##### **Overseas Chinese Association**

110 Crittenden Road, Findon SA 5023

**Phone:** (08) 8445 1677

**Languages Spoken:** Cantonese, Mandarin, English

**Help Available:** Specialised gambling help service to the Chinese community including one on one assistance