

iKiDs for Primary School Children

Our iKiDs primary school program is presented in the form of a puppet show and resources are provided to assist classroom activities. We offer two puppet shows, determined by age:

- Dillon's Secret Adventure Reception to Year 1
- · Leila's Birthday Party Years 2 to 4

Both stories incorporate age appropriate humour and run for approximately 20 minutes. Using the device of a news program, the plays involve characters talking about their individual experiences. Although the play is set in the context of family separation and conflict, the stories develop themes and messages relevant to all children. The shows are followed by a debriefing discussion and are designed to fit into a 50 minute class.

Themes include:

- The nature of secrets
- Distinguishing good & bad secrets
- The healing power of sharing
- · The power of friendships
- · All families are different
- · Pets as friends/companions/comfort
- Making sense of feelings
- Managing feelings
- Normalising experiences of separation
- Not taking the blame for adults' behaviour
- Finding the good stuff in things we don't like
- Speaking with adults/counsellors for support
- What you can and can't change
- Coping strategies
- Cultural differences



How the education program fits with the curriculum

The themes in the puppet show encompass many elements of the Health and Physical Education, Society and Environment and English curriculums.

The puppet show also has a number of key messages that address ways in which children can keep themselves safe, thus complementing the Child Protection Curriculum.

Therapeutic Groups

We are available to run therapeutic groups for children who have been impacted by separating parents. These groups can be developed according to the specific needs of your school, by taking into account culture, thoughts and experiences as well as what the school already has in place. Our workers are also trained to deliver specific groups such as FunFriends and Tree of Life.

Workshops for Teachers

We are available to run workshops for teachers on the impacts of separation and divorce on children and also provide strategies so that teachers are able to effectively support these children.

Psycho-education and Information Workshops for Parents

We have the resources to run seminars and workshops for parents around separation and effective parenting.

For more information, please call *Meggan Anderson (iKiDs Educator)* (08) 8377 5400



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