

Family Youth Mental Health Support Services

Improves the emotional health and wellbeing for children and young people up to 24 years old from Aboriginal and Torres Strait Islander (ATSI) and culturally and linguistically diverse backgrounds (CALD) in the West to Northern Metropolitan regions.

Services at

Relationships Australia

SOUTH AUSTRALIA

We are here to help you, listen and guide you through any issues or problems that may be affecting you or your family, in a safe and confidential environment.

Most of our services are free, some are also subsidised.

Come have a yarn with us.

**Call an office near you
or call 1300 364 277
Visit www.rasa.org.au**

Ngartuitya

(For the children) is an Indigenous Parenting Support Service for parents with children aged 0-12 years.

It is based in the Northern metropolitan area and the APY Lands.

Gambling Help Service

Our Gambling Help Service offers counselling and financial counselling support to anyone who is adversely affected by gambling.

Together 4 Kids

Provides child focused services to children aged 0-12 years who need complex support or require a multiple service response.

Royal Commission Support Services

Provides assistance and support for people who are engaging with the Royal Commission into Institutional Responses to Child Sexual Abuse.

Family Relationship Counselling

This service can provide you, your partner and/or your family, a chance to adjust, repair and strengthen family relationships.

Personal Counselling

Providing one-on-one support for a range of issues and to help clients find solutions to challenges. Face-to-face appointments or telephone counselling for those in rural or regional communities

MOSAIC HIV and Hepatitis Services

Provide support for all people affected by HIV or hepatitis including children, adolescents, women, men, partners and carers.

Post Separation

Helping separating parents to reduce conflict, reach parenting agreements, and to focus on their children.

Elm Place

Offers two core services which can both offer services to the Stolen Generations.

Post Care Provides case management, counselling, information and referral for young people who were in care in South Australia.

Find & Connect Support Services provides case management, counselling, information and referral for young people who were in care in South Australia.