



# Elder Relationship Services

## About Elder Relationship Services

Our Elder Relationship Services provide counselling and mediation support to assist older people and their families to:

- prevent or resolve family conflict;
- have difficult conversations;
- plan for the future (including medical, health, financial or living arrangements);
- resolve differences in ways that improve their relationships; and
- make decisions that protect the interests, rights and safety of families.

You can attend the service on your own, with your partner, as a family, or your children or parent(s) can come by themselves.



Attending the Elder Relationship Service is voluntary and confidential.

The decisions you make are not legally binding. If you would like to put your agreements in writing, your practitioner can assist you.

## How long is a session?

A session will last for a minimum of one hour; however, each situation is unique and we will tailor a solution to fit your circumstances.

Where more than one person is involved, the practitioner may also wish to see each person separately.

## How many sessions do I attend?

Some issues are resolved in one or two sessions, others may take longer, depending on the complexity of your issues.

## How much will it cost?

We are a not-for-profit community organisation and our services are subsidised by the Federal Government. We try to make our services as affordable as possible. Fees are based on your income. When you make a booking, we will advise you of the fees payable.

## Our staff

Our counsellors and mediators have professional qualifications and experience in social work, psychology, mediation, law and/or counselling.

Staff providing Elder Relationship Services receive professional supervision and on-going training. They have been trained in elder mediation and counselling.