



Healthy Women, Healthy Families, Healthy Communities

Women's Lounge

Information for Consumers

The Women's Lounge is a place for women to meet, share and support each other on their health and wellbeing journey.

At the lounge you can:

- have a voice and a say on what services need to provide
- have access to information and support services
- build on your strengths and skills to lead an independent healthy life
- learn how to tackle stigma and discrimination related to health issues
- have access to peer support, advocacy and referral services
- build your social networks and meet others in a safe and comfortable environment.

We welcome all women.

We are here to listen and respect all women's ideas. We can organise friendly, informal activities based on your wants and needs.

If this is something that interests you, please contact the Program Coordinator Namam Salih to register your interest and seek further information.

The Women's Lounge occurs once a month.

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