



Your Life. Your Future. Your Way.

Choose your destination, and we'll help you plan and prepare for the journey ahead.

Case management is one of the services provided by FYI.

Future Youth Initiative Service aims to improve the social and emotional wellbeing of children, youth and their families.

To find out more about FYI, visit:
www.rasa.org.au/fyi

Email fyi@rasa.org.au

Locations

Our team is located in our Marion and Hindmarsh offices, working across metropolitan Adelaide.

Marion

Suite 500a Westfield Marion Shopping Centre
297 Diagonal Road
Oaklands Park SA 5046
Phone: (08) 8377 5400

Hindmarsh

49a Orsmund Street,
Hindmarsh SA 5007
Phone: (08) 8245 8100

Outreach Service available at:

Elizabeth

13 Elizabeth Way
Elizabeth SA 5112
Phone: (08) 8255 3323

Future Youth Initiative Service is provided by
Relationships Australia South Australia Ltd

RELA177

Case Management



Helping young people to develop pathways
for achieving success in learning,
or moving into the work force.

Relationships Australia.
SOUTH AUSTRALIA

How we can help

We support young people to find their own learning pathway. To better cope with their circumstances, improve their sense of wellbeing, and move towards independence and employment.

How we do that

Our case management model is true outreach. Our team is known for their 'never give up' approach. The high attendance rate shows that our approach is working.

Each term, case managers work with hundreds of students across metropolitan Adelaide.

We meet weekly with the young person in an environment that is safe and comfortable. Together we develop a plan for the year ahead, set goals and explore the options for learning and wellbeing.

This may include returning to some formal learning at school or attending our FYI Hub (www.rasa.org.au/fyi for details). Or it could begin with a very gradual reconnection with the community and local neighbourhood.

We respect and welcome diversity, and we care about your cultural beliefs.

We respect the child and young person's right to a confidential and safe service, and will explain our confidentiality processes.

We offer

- Information and referral: we can provide information about what supports are required, and will personally assist to link in with relevant local community services.
- Advocacy: negotiating with services to ensure positive outcomes for families and young people (e.g. legal aid services, education, housing, financial services, medical).

For Young People

Education

There are many different ways to gain an education. Relationships Australia SA case managers will work with you to identify your strengths and interests. Then set up the connections and help you take the first steps. This may be in our own Future Youth Initiative Hub or at another service offering the courses or learning opportunities you require.

Wellbeing

Feeling the best we can is important to all of us. Apart from eating well and getting a good night's sleep, scientists believe positivity, strong relationships, a sense of accomplishment, enjoying what you do and feeling your life has meaning can all improve a person's wellbeing. When you start with us you will take part in the FYI 'Wellbeing Challenge'. A personal plan just for you to improve your sense of wellbeing.

Independent Living Skills

Having a map of the skills you will need to look after yourself can be very useful. Your case manager will help you assess where you are up to and together you will set a simple plan for moving towards independence.

Employability

Employers are on the lookout for good work skills including how you work with others and your organisational skills. Your case manager will work with you to identify the employability skills you have and the skills you may need to develop for successful work.



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