## **Service Locations**

The Family Relationships Centre services are provided from the following locations:

- Adelaide
- Salisbury
- Elizabeth
- Clare
- Barossa (outreach service)
- Gawler (outreach service)
- Under special circumstances flexible options may be available

## Contact us

### **Adelaide Family Relationship Centre**

Relationships Australia SA

**Phone** (08) 8419 2000

Email adelaidefrc@rasa.org.au

#### Address

161 Frome Street Adelaide

#### **Port Adelaide**

Ground Floor, 8 Butler St Port Adelaide SA 5015

**Phone** (08) 8340 2022 **Email** rasaiw@rasa.org.au

#### Salisbury/Elizabeth Family Relationship Centre

Phone (08) 8255 3323 (Elizabeth office)

(08) 8285 4499 (Salisbury office)

**Email** salisburyfrc@rasa.org.au

#### Elizabeth

13 Elizabeth Way / PO Box 444 Elizabeth SA 5112

#### Salisbury

Shop 8, Salisbury Cinema Complex Cnr Gawler & James Streets Salisbury SA 5108

Family Relationship Advice Line 1800 050 321 www.familyrelationships.gov.au

Family Relationships Centre Services are provided by Relationships Australia SA

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# Family Relationship Centre

## Our services

The Family Relationship Centre can assist you no matter what stage you are in your relationship.

We can assist you to find relevant services if you are:

- Beginning a new relationship
- Wanting to improve your current relationship
- If your relationship is struggling
- If you need help with parenting
- If you are separating or have separated.

#### We can help:

- Those just starting a relationship
- Those with young or old families
- Grandparents and other relatives.

# We can help in many ways

At our Resource Centre you will find:

- A full supply of brochures on community services
- Booklets supplied by government agencies and other services

## Other services

We provide a comprehensive individual assessment of your needs.

We can provide you with information on local services that can help you to:

- Begin a new relationship
- Improve your current relationship
- Cope with the process of separation
- Improve your parenting and step parenting skills.

We can also make referrals on your behalf to those services.

We run Child Focused Information Sessions to help parents understand how children experience separation.

We also provide Family Dispute Resolution to help parents reach an agreement about their children.

## Early Intervention Services

We also have a range of early intervention services located at the Family Relationship Centres which include:

- Relationships Counselling
- Relationship Education
- Assisting men and women to build healthy relationships